

## میزان بروز میکروآلبومینوری و عوامل خطر همراه در بیماران دیابتی نوع ۲

\*

چکیده

مقدمه:

( )

%

روش‌ها:

/ ± / / ± /

(HbA<sub>1c</sub>)

یافته‌ها:

( / / % ) « » /  
( P < / / )

نتیجه گیری:

واژگان کلیدی:

\*نشانی:

emrc@mui.ac.ir:

:

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تاریخ پذیرش مقاله: ۸۵/۵/۵

مقدمه

%

%

[ ]

HbA<sub>1c</sub>

[ ]

%

( )

(BMI)

( )

/

/

[ ]

[ ]

(7<sup>th</sup>JNC) Serventh report of the joint

( )

)

[ ] national committee

(

روش‌ها

HDL

WHO

Chem enzyme

LDL

)

(

[ ] ATP3 [ ]  
 ( )  
 LDL  
 HDL  
 (HbA<sub>1c</sub>)  
 Ione exchange)  
 DSS (chromatography  
 [ ] ( )  
 WHO  
 [ ] ( )  
 Analyzer Medical System)  
 t-student ) Radox (

جدول ۱- میانگین و انحراف معیار متغیرهای کمی مورد مطالعه در بیماران دیابتی نوع ۲ با و بدون میکروآلبومینوری در مدت پیگیری

با آلبومینوری	بدون آلبومینوری	
/ ± /	/ ± /	سن <sup>†</sup> (سال)
/ ± /	/ ±	BMI <sup>†</sup> (kg/m <sup>2</sup> )
/ ± /	/ ± /	مدت ابتلا* ( )
/ ± /	/ ± /	HbA <sub>1c</sub> * ( )
/ ± /	± /	قند خون ناشتا* (mg/dl)
/ ± /	/ ± /	قندخون ۲ ساعت بعد از غذا* (mg/dl)
/ ± /	/ ± /	کراتینین* (mg/dl)
/ ± /	/ ± /	کلسترول تام <sup>†</sup> (mg/dl)
/ ± /	/ ± /	تری گلیسرید <sup>†</sup> (mg/dl)
/ ± /	/ ±	LDL-C <sup>†</sup> (mg/dl)
/ ± /	/ ± /	HDL-C <sup>†</sup> (mg/dl)
/ ± /	/ ± /	فشار خون سیستولی* (mm/Hg)
/ ± /	/ ± /	فشار خون دیاستولی* (mm/Hg)
	(P< / )	P *
	(P> / )	P †
	±	± **

P < /

SPSS

جدول ۲- انسیدانس و خطر نسبی میکروآلبومینوری در رابطه با عوامل خطر مورد بررسی

جنس	تعداد کل	آلبومینوری	شخص - سال	انسیدانس در هزار	فاصله اطمینان ۹۵٪
			/	/	
			/	/	( / / ) / *
گروه سنی (سال)			/	/	
<			/	/	( / / ) /
			/	/	( / / ) /
≤			/	/	( / / ) /
مدت ابتلا به دیابت (سال)			/	/	
≤			/	/	( / / ) *
<			/	/	( / / ) / **
BMI (kg/m <sup>2</sup> )			/	/	
≤			/	/	( / / ) /
>			/	/	( / / ) /
HbA <sub>1</sub> C (درصد)			/	/	
≤			/	/	( / / ) / *
≤			/	/	( / / ) / *
پرفشاری خون			/	/	
			/	/	( / / ) / §
رتینوپاتی			/	/	
			/	/	( / / ) / §
درمان			/	/	
			/	/	( / / ) /
سیگار			/	/	
			/	/	( / / ) /

\*P < /

\*\*P < /

§P < /

†

HbA<sub>1c</sub>

یافته‌ها

( % ) ( % )  
 / ± /  
 / ± /  
 ( P < / / ± / / ± / )  
 . ( )

بحث

( )  
 % ) " " /  
 ( / / )  
 . ( P < /

HbA<sub>1c</sub>

/ [ ]  
 / [ ] Nelson [ ]  
 / %  
 % / % /  
 LDL-C % /  
 [ ]

جدول ۳- متغیرهای مستقل تعیین‌کننده میکروآلبومینوری در بیماران دیابتی نوع ۲

فاصله اطمینان ۹۵٪ (CI)	ضریب شانس (OR)
/ /	/ *( )
/ /	/ *( )
/ /	/ ** (mmHg)
/ /	/ **

CI: Confidence interval  
 OR : odds Ratio

\*P < /  
 \*\* P < /

. [ ]

[ ] Harris

. [ ]

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[ ]

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### مآخذ

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